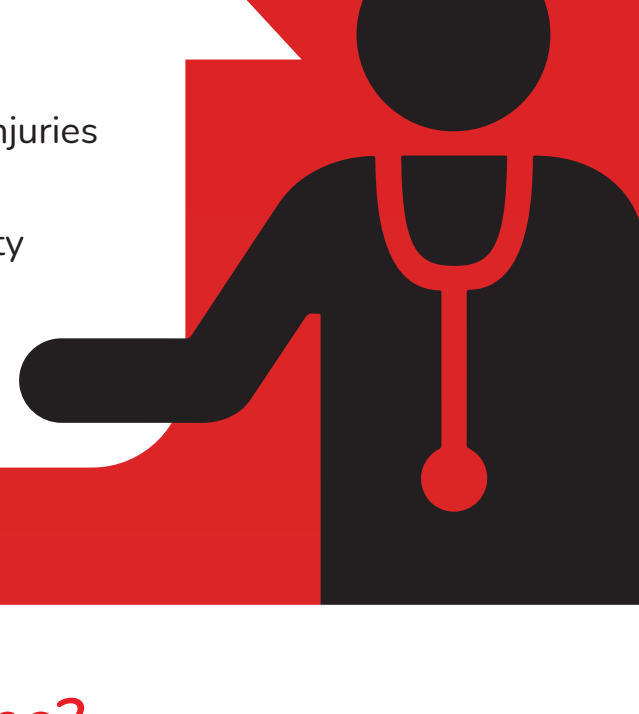


Find the profession that matches your personality and strengths!

Medicine

What do I do?

- Perform physical examinations, diagnose and treat illnesses and injuries
- Inform and educate patients regarding their health
- Collaborate with various health care professionals to ensure quality of care to patients



Why choose medicine?

1. Employ **leadership** skills and **take responsibility** for patient care
2. **Solve** complex medical problems using **critical thinking**
3. Contribute to the **care** of patients
4. **Advocate** for patients' needs and health
5. **Communicate** with patients and various health care professionals to ensure **quality of care**

Where can I work?

- Hospitals
- Medical Clinics
- Family Medicine Groups (GMF & GMF-U in French)
- Universities



Nursing

What do I do?

- Encompasses autonomous and collaborative care of individuals of all backgrounds
- Promote health, prevention of illness, and the care of ill, disabled and dying people
- Advocate, research and participate in shaping healthy public policies, health systems management and education.



Why choose nursing?

1. Rewarding work that allows you to closely care for individuals, families and communities
2. Allows specialization in a variety of fields with a wide range of roles within the healthcare system and community outreach
3. Flexible work schedule and work environment
4. Allows for collaborations between various professions and populations
5. Ample opportunities for educational growth and career pathways



Where can I work?

- Hospitals
- Medical clinics
- Long-term care
- Rehabilitation centres
- Public Health
- Home care
- Schools
- Pharmacies
- Non-Governmental Organizations
- Correctional facilities
- Community-based organizations
- Government



Physiotherapy

What do I do?

- Provide physical rehabilitation services for patients as a result of an injury, illness or disease
- Create a specific rehabilitation plan tailored to individual patients
- Restore movement and function using exercise therapy and manual manipulations

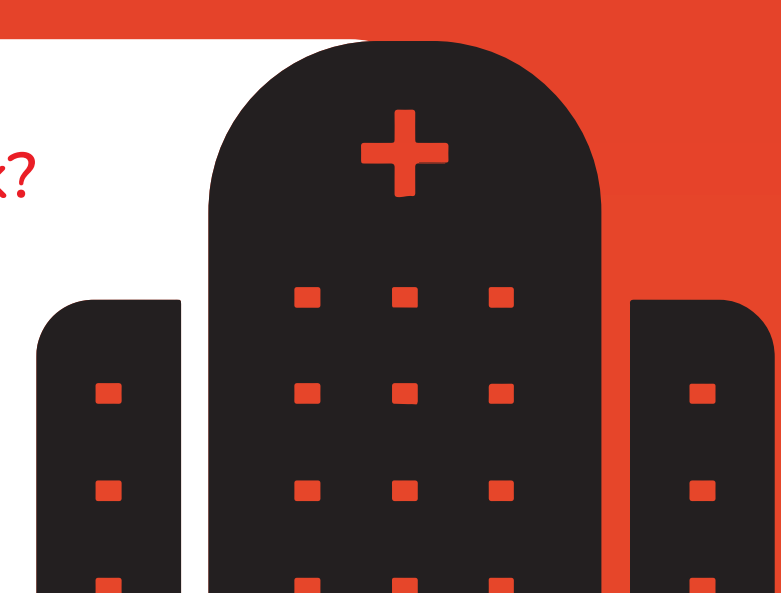


Why choose physiotherapy?

1. Drastically **improve** the physical quality of life of patients
2. Work in **collaboration** with various health care professionals
3. **New challenges** presented with every patient
4. Use various manipulation **techniques** such as ultrasound, acupuncture and electrophysical stimulation
5. Develop **individualized** rehabilitation plans and strategies

Where can I work?

- Hospitals
- Physiotherapy clinics
- Community health centres
- Assisted-living facilities
- Residential care
- Rehabilitation centres



Occupational Therapy

What do I do?

- Work with individuals, groups and communities to promote functional independence to support healthy living
- Help individuals adjust to physical and/or psychosocial challenges by overcoming barriers and developing strategies of resilience
- Adapt home and/or institutional environments to facilitate maximal independence in activities of daily living (work, play, school, driving, leisure)



Why choose occupational therapy?

1. Engage in **meaningful** occupation that allows patients and their families to overcome or adapt to a disability
2. Apply **skills** in a variety of different settings **working closely** with the healthcare team
3. Constantly use **problem solving** skills to assist individual, group or community needs
4. Contribute to **improving** the quality of life of patients
5. Increase **self-efficacy** and **independence** of patients



Where can I work?

- Hospitals
- Nursing homes
- Rehabilitation centres
- Research centres
- Workplaces
- Schools and daycares
- Long-term care facilities
- Occupational therapy clinics
- Community agencies



Speech Language Pathology

What do I do?

- Diagnose and treat health problems related to speech, language, communication and swallowing
- Develop customized treatment and therapy plans to improve conditions



Why choose speech language pathology?

1. **Work closely** with patients and their families
2. **Provide the necessary tools** for patients to overcome or adapt to a speech, language or swallowing disorder
3. Create **specialized plans** to meet different patient needs
4. **Improve communication** skills at all levels
5. **Work closely** with various health care professionals to **optimize patient health** outcomes

Where can I work?

- Hospitals
- Rehabilitation centres
- Research centres
- Schools
- Private clinics

